



2021

*East Valley  
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Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

# NO BOOZE NEWS

## **A Submission from a friend in Florence State Prison**

**"There exists among us a fellowship".**

How true these words are for me today. Looking back I am not confident that I ever truly understood what that term meant, fellowship, but today it is one of the most powerful assets I have available to me.

Residing in a small town in Arizona exists a group known as The Freedom Fighters Group of Alcoholics Anonymous and this is my home group. In fact, it is one of my only groups because I am incarcerated in prison for driving under the influence. I love our group not just because it is one of the few available to me but because of the strength within our fellowship and the amazing recovery we have at our meetings.

Prison is a place of extremes. Its where the world throws the dregs of society "to be taught a lesson" and to "do time for our crimes". Prison is extremely lonely and emotional, here there are extreme personalities, extreme anger, fear and of course extreme using. A man feels lost and unsure of himself when first cast out onto a yard. He may look anywhere to feel a part of, or to fit in. Unfortunately there are many roads that can be taken in the wrong direction if one is not careful. This is where the Freedom Fighters step in. Why? Because this is the action asked of us in the fellowship. It is not only a tradition but rather our duty to carry the message to the alcoholic who still suffers.

Someone years ago approached me and for that I am forever indebted, so I must pay it back by carrying the message to others. Our group may not be all that unique. We follow the twelve traditions to the best of our ability, and our meeting styles are common formats. However, there is something particularly moving to have a fellowship in a location where there is not much hope among the men around you. The men here are searching for something upon arrival, a friend, a chance, a glimmer of hope, anything. In the Twelve and Twelve it reads "When these 'last-gaspers' laid hold of these principles with all the fervor with which the drowning seize life preservers they invariably got well". That is what I see around me, men drowning in the turbulent sea of prison. So our fellowship casts out life preservers over and over reeling men in.

Its amazing how open and willing someone is when they have lost all that is dear to them and is locked up in prison. We welcome these men, we

### **Quote of the Month**

And one more thing; none of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to have done numerous little kind and thoughtful acts in our behalf.

So let us never get the degree of smug complacency so that we're not willing to extend or attempt to, that help which has been so beneficial to us, to our less fortunate brothers.

**Dr. Bob Smith, 1950**

remember their names, offer them literature and tell them to keep coming back. Our meetings and fellowship are often the relief they are looking for, and the connection they have been longing for. Because for just one hour a day in our room we are no longer in prison and can truly be ourselves and help one another. We still of course have extremes in our meetings like personalities, but mostly extreme love for each other, and recovery. During my four years attending this meeting I have experienced so much. I went through the steps, I have been blessed to have sponsees and even grand sponsees. At the end of the meeting when asked who's willing to sponsor nearly every hand goes up.

We have seen many success stories, and of course experienced some tough losses. No matter what is faced we have the strength because we are now bound with new and wonderful ties. Today we are more than The Freedom Fighters group of Alcoholics Anonymous. We are brothers.

**Kyle C Florence Arizona**

## Not My Holiday

DECEMBER 2014 GRAPEVINE

I was always haunted by memories of past holidays. I would avoid places where they played Christmas music. Sometimes I'd ignore my feelings and instead throw myself into Christmas music and decorations, only to fall into a deep depression after a few weeks. "Oh, not again!" I'd say. "Didn't I do this last year?"

A few years ago I found the answer of how to deal with this time of year, and it was a similar one that our co-founders discovered. I realized that I wasn't the only one who got depressed, and I started looking for ways to help my fellow alcoholics have an easier time getting through December. Imagine that, thinking of someone besides me!

I encouraged our AA group to open up earlier for fellowship and snacks. Everyone thought it was a good idea, however no one wanted to open that early, so I did it! I made coffee and brought some snacks in. I also started paying attention to what my fellows shared at our meetings. I would try to catch many of them afterward and give them a hug or a friendly smile. If they seemed to be struggling, I'd ask if they would like to go somewhere to have coffee and talk. If not—and usually it was not—at least I had asked. Before long I was not noticing "my" holidays and "my" problems.

I made a lot of meetings looking for someone to cheer up. I don't know how much it helped those I encountered, but it sure kept me content and sober through the holidays. Before I knew it, it was New Year's Eve and time for our annual alkathon!

I used to dread the torture around Thanksgiving and Christmas. Those days never felt like holidays to me. But now I'm grateful I have found the answer. May we all have a sane and sober New Year!

**BY: ELIZABETH E. | ALBUQUERQUE, NEW MEXICO**

One of the many doctors who had the opportunity of reading this book in manuscript form told us that the use of sweets was often helpful, of course depending upon a doctor's advice. He thought all alcoholics should constantly have chocolate available for its quick energy value at times of fatigue.

He added that occasionally in the night a vague craving arose which would be satisfied by candy. Many of us have noticed a tendency to eat sweets and have found this practice beneficial.

**AA BIG BOOK, PG 133-134**



**Words From the Big Book**

A friend took pity on me, I think, and invited me to his home for Thanksgiving. His parents were in town from the East Coast, and he was having a big party.

There at the dinner table, I stood up and attempted suicide in front of everyone. The memory of that has always stuck in my mind as the definition of "pitiful, incomprehensible demoralization" that the Big Book talks about. What is sadder is that my actions had made sense to me at the time.

**"ON THE MOVE" PG. 488**

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

### **EAST VALLEY INTERGROUP – Gratitude With Service form** *revised 9/020*

**Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204**

**(480) 827-1905**

**e-mail: [info@aamesaaz.org](mailto:info@aamesaaz.org)**

**[www.aamesaaz.org](http://www.aamesaaz.org)**

Date \_\_\_\_\_ \*First Name \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*ST \_\_\_\_\_ \*Zip \_\_\_\_\_ \*Gender \_\_\_\_\_

\*Sobriety Date \_\_\_\_\_ Home Group \_\_\_\_\_

e-mail address \_\_\_\_\_ Alt Phone \_\_\_\_\_

*\* = required for listing in 12<sup>th</sup> Step List*

☐ **No Booze News Subscription / Renewal (\$12.00 annual subscription fee enclosed)**

#### **Volunteer Service Options**

*Check only those you are willing to commit time to*

##### **12<sup>th</sup> Step List Volunteer**

☐ **Weeknights**

☐ **Weekends**

☐ **Weekdays**

##### **Phones Night & Weekend**

☐ **Weekends**

☐ **Weeknights**

☐ **Office Phone Volunteer**

☐ **Other Office Help**

#### **Committees of Interest**

*Check only those you are willing to serve on*

☐ **Public Information / Cooperation with the Professional Community**

☐ **Special Events**

☐ **Literature**

☐ **Newsletter (*No Booze News*)**

☐ **Unity Committee**

☐ **Deliver A Meeting**



**LIVE AND IN PERSON**

**ROUNDUPS, CAMPOUTS AND CONFERENCES**

**VERDE VALLEY ROUNDUP**

OCTOBER 29 - 31, 2021

2025 RESERVATION LOOP RD.

JACKPOT RANCH, CAMP VERDE AZ

**APACHE LAKE CAMPOUT**

NOVEMBER 12 ~ 14

APACHE LAKE MARINA AND RESORT

APACHE LAKE, AZ

**RIVER ROUNDUP**

JANUARY 7 ~ 9

RIVERSIDE RESORT

LAUGHLIN NV

**Also check the events page on our website periodically. We will post information as it becomes available.**

**2021 November Virtual Assembly**

District 14 Host

November 20 ~ 21

[area03.org](http://area03.org) for more information

**Step Eleven**~ Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

**Tradition Eleven**~ Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

**Concept Eleven**~ The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

**2021 EVI**

**Thanksgiving Alcahthon**

12pm Wednesday, November 24

12pm Friday, November 26

2222 S Price Rd. Tempe

(Church of the Epiphany)

Meetings on the odd hours,

Traditions Play - 7pm Nov. 25th

Lots of Fun, Food

Fellowship and Recovery



**2021 EVI 2nd Annual**

**\*New Years Eve Party\***

5:30pm December 31, 2021

6:00pm Dinner Served

7:15pm Speaker Meeting

9:00pm Dance the Year Away

2222 S Price Rd. Tempe

(Church of the Epiphany)

Speaker Meeting

Fellowship and Recovery

## August Sobriety Anniversaries

Name	Date	Days
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Marilyn M. ....	11/29/1978 .....	15706
Laure K. ....	11/6/1982 .....	14245
John H. ....	11/11/1983 .....	13880
Tom S. ....	11/13/1983 .....	13880
Terry S. ....	11/22/1984 .....	13514
Richard W. ....	11/22/1985 .....	13149
Laurie L. ....	11/30/1985 .....	13149
Roxanne B. ....	11/8/1986 .....	12784
Vance C. ....	11/9/1987 .....	12419
Ann Marie E. ....	11/23/1988 .....	12053
Pam Y. ....	11/25/1988 .....	12053
Candace R. ....	11/17/1989 .....	11688
Kay R. ....	11/21/1989 .....	11688
Patty W. ....	11/20/1991 .....	10958
Bob C. ....	11/1/1993 .....	10227
Gordon G. ....	11/7/1993 .....	10227
Brandon B. ....	11/7/1995 .....	9497
Vicki B. ....	11/29/1995 .....	9497
Rose M. ....	11/1/1996 .....	9131
Jay Z. ....	11/14/1996 .....	9131
Jamie F. ....	11/3/2001 .....	7305
Ed B. ....	11/10/2001 .....	7305
Jim N. ....	11/17/2001 .....	7305
Patricia B. ....	11/1/2003 .....	6575
Melissa H. ....	11/1/2002 .....	6929
Jennifer M. ....	11/26/2005 .....	5844
Maggie S. ....	11/29/2009 .....	5844
Tara E. ....	11/11/2006 .....	5479
Don S. ....	11/26/2006 .....	5479
Kristina M. ....	11/10/2007 .....	5114
Dawn H. ....	11/18/2007 .....	5114
Meredith J. ....	11/9/2008 .....	4748
Bob C. ....	11/9/2008 .....	4748
Linda F. ....	11/19/2008 .....	4748
Cristy F. ....	11/6/2009 .....	4383
Aaron B. ....	11/26/2009 .....	4383
Shawn W. ....	11/5/2010 .....	4017
Brad W. ....	11/8/2010 .....	4017
Abby A. ....	11/25/2010 .....	4017
Brad R. ....	11/27/2011 .....	4017
Karen S. ....	11/27/2011 .....	4017
Peter U. ....	11/11/2012 .....	3287
Joshua E. ....	11/15/2015 .....	2192
Matthew J. ....	11/28/2015 .....	2192
Gavin R. ....	11/26/2016 .....	1828
Kathryn M. ....	11/2/2019 .....	731

Two drunks were coming home, stumbling up a country road in the dark.

Drunk 1: Holy Cow, Mike,

we've stumbled into a graveyard. Here's the plaque of a man who lived to the age of 103!

Drunk 2: Wow. 103? Was it anybody we knew?

Drunk 1: No, it was someone named "Miles to Denver." You didn't know the guy, did ya?

**Bob M. Green Valley, Ariz.**

A woman came home from the store with two cases of beer, three bottles of wine, a bottle of whiskey and two loaves of bread.

"Are we expecting company?" her husband asked.

"No," she replied.

"Then why did you buy so much bread?" he asked.

**Mike T.**

Must call my sponsor. I've used so much alcohol-based hand sanitizer that I may have to change my sobriety date.

**Rick S. Abbotsford, British Columbia**

A large bowl sitting on the bar at Joe's Place has a sign that reads: Afraid of change? Leave it here!

**Dusty B. Hancock, Main**

A group of newcomers in AA gathered to plan a birthday party for their sponsor, who was celebrating 10 years of sobriety. The newest member called a bakery to order the cake.

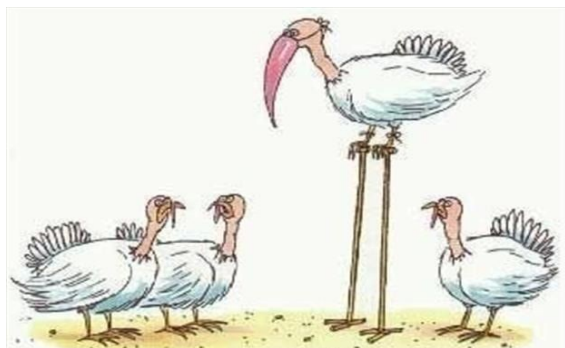
The bakery employee asked, "And what would you like the cake to say?"

The newcomer covered the phone and asked his buddies, "Do we want a talking cake?"

**Paul C. Oceanside, Calif**

My family told me to stop telling Thanksgiving jokes, but I told them I couldn't quit cold turkey.

**Anonymous of Course**



"He's got a point. Nobody eats a flamingo on Thanksgiving."

## Get Published!

Send your articles, jokes, poems and artwork to Rick T. [info@aamesaaz.org](mailto:info@aamesaaz.org)



**PI / CPC**

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905 or email [picpc@aamesaaz.org](mailto:picpc@aamesaaz.org)**EVI Phone Workshop**

Third Friday's at 6:15 pm

Before the monthly business meeting at 2222 S Price Rd.  
Tempe

Or

**Workshops can be done at your Group !**

For more information

Call Lisa V.

480 827-1905

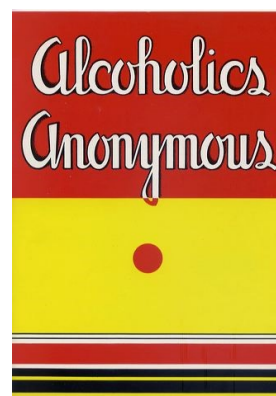
**EVI Sponsorship Workshop**

10am the 1st Saturday of every other month

Check [aamesaaz.org](http://aamesaaz.org) for location information

Contact: Jerry C. 480 834-9033

HOST GROUP SCHEDULE

**Oct. 2 ~ TBD**

Join the

**EVI Unity Committee**

Meeting at 6:15pm Every 3rd Friday

Check [aamesaaz.org](http://aamesaaz.org) for location information[aamesaaz.org](http://aamesaaz.org)

Contact 480 827-1905

**EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

2222 S Price Rd. Tempe

contact: 480 827-1905

***EVI Monthly Speaker Meeting******1st Friday of Every Month******2222 S Price Rd. Tempe******(Church of the Epiphany)*****Doors open at 7:00pm****\*Now Live only, no more ZOOM\*****November 6 ~ Gilbert Gals**

December 4 ~ The Way Out

These are subject to change - so keep watching.

Office Volunteers &  
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific  
times and days.

**\*\*\* Fill-In Shifts Available \*\*\***

# Central Office Manager's Report

October 15, 2021

In September we received 556 requests for information and assistance. Of those 123 calls were for meeting info, 137 were office visitors and 17 resulted in a 12-step call. Our website stayed busy too. It had 24,142 visits in the last 30 days. Our Google listing received 8,899 views in September with 56 giving us a call, 443 visiting our website and 42 requesting directions to the office.

A request for a 12-step call was received from a person in London, England. They have been sponsoring someone in our area over Zoom and wanted to get them connected locally. We provided meeting and contact information and he was going to pass it on to his friend.

We have our new cash register with bar code scanner set up and in use now. A large book order was placed and received at the end of the month to restock after the 2-month literature sale. SRI and Area 03 are now receiving meeting directory updates directly from our website. This gives them the most accurate and up to date meeting information for our area. I am currently updating the website every Wednesday and the printed directory every month. Please drop me an email at the office, [info@aamesaaz.org](mailto:info@aamesaaz.org), if you need an update to a meeting in the directory this will also update the Meeting Guide App.

I have been gathering quotes to purchase media air time to run Alcoholics Anonymous public service announcements over the holidays. Local broadcast airtime for a 30 second spot varies in price based on program ratings. For instance, a 30 second spot during the evening news at 10pm is \$550 while overnight programming from midnight to 4am are \$10 each. Upon approval of funds, we will do our best to negotiate a package for price, placement and quantity. Ultimately, we will rely on our Higher Power to have these spots reach the intended audience. These audio and video PSA's can be viewed on GSO's website at [aa.org](http://aa.org).

Service opportunities are always available on all EVI committees and the 12<sup>th</sup> step list. Gratitude with Service forms are now available on our website. Please encourage your Group members to volunteer for a service position. The life they save may be their own.

In the spirit of Tradition Eight, Love and Service

Kim Watkins

Central Office Manager, East Valley Intergroup

## EVI CENTRAL OFFICE ACTIVITY

	Sep	2021
Meeting Information Calls.....	123	1,270
General Information .....	102	969
Referred to Salt River Intergroup ....	4	43
Referred to Al-Anon.....	10	104
Referred to Community Info.....	0	7
12th Step Calls .....	17	118
Business Calls .....	94	761
Office Visitors .....	137	1,236
Meeting lists printed.....	500	4100
Info request via E-mail .....	37	353
Desk Volunteers-Reg/Sub/None.....	32/ 6/ 2	
Desk Volunteers-Reg HRS YTD. ....		1,180 hrs

### Web Stats

Website Visits last 30 days 24,142, YTD 233,008

Google Searches last 30 days 7,899

## Meeting List Updates...

Our website ([aamesaaz.org](http://aamesaaz.org)) is being updated weekly. Check it out for the latest on which groups are meeting and where.

### New Meetings:

Ladies Lunch Bunch	7335 E Broadway Rd. Mesa	MO Noon W,C
Daily Reflections	45295 W Honeycutt Ave, Maricopa	SA 8:30am O
The Promises	18160 N Maya Angelou Dr. Maricopa	WE Noon O
Kitchen Table	18160 N Maya Angelou Dr. Maricopa	SA 10:00am O,B
Over the Influence	2222 S Price Rd. Tempe	MO 6:30pm O

**Changes:** ~Still too many to mention.~

### Deletions:

Friends of Bill	25601 S Sun Lakes Blvd Sun Lakes	TH 7:00p TC,
Junkyard Dogs	1565 E Warner Rd. Tempe	MO 7:00p M.C

**East Valley Intergroup \*\* NEW \*\***  
1855 E Southern Ave. Suite # 103  
Mesa, AZ 85204

**General Service Office**  
PO Box 459, Grand Central Station  
New York, NY 10163

**Area 03 Treasurer**  
PO Box 3691  
Gilbert AZ 85299  
**\*Make Check To: AZ Area Committee\***

**District 08-818**  
PO Box 12044  
Tempe, AZ 85284

**District 08-819**  
PO Box 594  
Mesa, AZ 85211

**District 08-820 \*\* NEW \*\***  
PO Box 1901  
Queen Creek, AZ 85142-9998

**District 08 (Maricopa County)**  
PO Box 45066  
Phoenix, AZ 85064

**Alcoholicos Anonimos - Oficina**  
2720 E Thomas Rd. B#180  
Phoenix AZ 85016

**Valleywide H & I**  
PO Box 80126  
Phoenix, AZ 85060

### Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30%

to GSO



50% to Intergroup

# GROUP CONTRIBUTIONS



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GROUP	Sep.	YTD
11th Step Candlelight .....		\$40.00
2121 Beginner Workshop .....		\$0.00
24 Hours A Day .....		\$0.00
417 Group .....		\$187.00
A Vision For You Group .....		\$1,211.34
ABC Group .....		\$100.00
Ahwatukee Group .....	250.00	\$750.00
Ahwatukee Nooners .....		\$820.00
Ahwatukee Saturday Men's .....	\$677.48	\$2,052.36
Ahwatukee Women's Group .....		\$350.60
Arbor Daily Noon Group .....	\$200.00	\$1,800.00
As Bill Sees It QC .....		\$140.36
As You Wake Up .....		\$0.00
Attitude Adjustment Ahw. ....		\$160.20
Attitude Adjustment CG .....		\$130.00
Attitude of Gratitude .....		\$0.00
Basic II .....		\$100.00
BBookworms .....		\$934.00
Bloopers .....		\$1,720.00
Bootstrap Men's .....		\$0.00
Both Books .....		\$0.00
Breakfast Club .....		\$2,500.00
Busted Ego .....		\$250.00
By The Book .....		\$111.87
Chandler Men's Stag Group .....		\$250.00
Chandler Noon Group .....	\$76.00	\$1,020.50
Chandler Women's Big Book Group .....		\$653.50
Common Solution .....		\$0.00
Common Thread .....		\$1,981.06
Courage To Change .....		\$0.00
East Phoenix Men's .....		\$683.00
East Valley Men's Stag .....		\$525.00
East Valley Veterans .....	\$200.00	\$200.00
Easy Does It Group .....	\$88.87	\$2,299.83
Eye Opener Group .....		\$500.00
Family Recovery Group .....		\$0.00
Fill in the Blank .....		\$375.00
Firehouse Meeting .....		\$75.00
Florence Group .....		\$90.00
Friday Night BB, Step Study .....		\$0.00
Get It Together .....	\$1,762.39	\$3,790.96
Gilbert Group .....		\$0.00
Gold Canyon 12 X 12 Group .....		\$0.00
Good Ol' Back to Basics .....		\$0.00
Good Orderly Direction .....		\$20.00
Grateful Dames .....		\$138.53
Grateful Girlfriends .....		\$0.00
Gratitude Group .....		\$319.00
Great Start .....	\$350.00	\$600.00
Gut Level .....	\$50.00	\$195.00
Happy Hour @ Sunbird .....		\$300.00
How It Works .....		\$147.00
Into Action .....		\$0.00
Keepin It Real Ladies .....		\$0.00
Last Resort .....		\$89.36
Life In The Big Book .....		\$433.00
Maricopa 12 X 12 .....		\$200.00
Maricopa Group .....		\$175.00
Mid-Morning Group .....		\$300.00
Monday Night Madness .....		\$100.00
Morning After .....	\$150.00	\$150.00
Name In The Hat .....		\$330.00
New Beginnings .....	\$200.00	\$200.00
New Spirit Group .....	\$35.00	\$882.90
No Big Deals .....		\$370.00
No Name AA Group .....		\$250.00
Opportunity Knocks .....		\$100.00
Page A Day .....		\$2,265.66

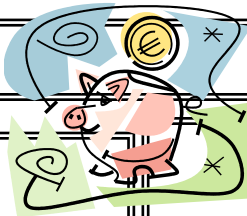
GROUP	Sep.	YTD
Patio Group .....		\$1,625.70
Pioneer Group .....		\$117.60
Price Is Right .....		\$60.00
Primary Purpose Group .....		\$462.00
Progress Rather Than Perfection .....		\$100.00
Putting God First .....		\$0.00
Queen Creek Nooners .....		\$831.91
Re-Awakening Group .....		\$636.27
Remember When .....		\$350.00
Renewed Spirit .....		\$300.00
Rising Spirit .....		\$1,213.65
Road To Recovery .....	\$253.73	\$2,659.39
Rock Solid .....		\$50.00
San Tan Men's .....		\$310.00
Second Chance Group .....		\$411.13
Serenity Now .....	\$124.50	\$309.05
Shade Tree .....		\$280.00
Sisterhood Of Solutions .....		\$0.00
Sobriety is Gold .....		\$0.00
Sobriety Rocks .....		\$40.00
Society Group .....		\$0.00
Some Are Sicker Than Others .....		\$250.00
Southeast Valley Stag .....		\$500.00
Spirited Women .....		\$135.55
Step By Step Group .....		\$100.23
Steppers .....		\$150.00
Stepping Stones .....		\$0.00
Sunday Afternoon Step .....	\$100.00	\$200.00
Sunday Night BB Step Study .....		\$0.00
Sunday Serenity Seekers .....		\$400.19
Sun Lakes Women Serenity Seeker .....		\$225.00
Sunset Group .....		\$100.00
Tempe Group .....		\$100.00
Tempe Nooners .....	\$50.00	\$455.00
Tempe Sunrisers .....		\$40.00
Tempe Young People .....		\$0.00
The Library .....	\$52.00	\$52.00
The Real Thing .....		\$25.00
The Way Out Group .....	\$150.00	\$721.00
Thursday Night Step Group .....		\$0.00
Tuesday Night Steppin Out .....		\$240.00
Tuesday's Trudgers .....		\$25.00
Tumbleweeds Group .....		\$700.55
Upon Awakening .....		\$2,700.00
We Ain't Dead Yet .....		\$120.00
We Agnostics .....		\$181.31
We Can Group .....		\$0.00
Wednesday Night Step .....		\$0.00
Wednesday Night Winners .....		\$0.00
Welcome Home .....	\$325.00	\$350.00
West Chandler Men's .....		\$0.00
Who's Driving Your Bus? .....		\$0.00
Wolf Pack Group .....	\$100.00	\$200.00
Women in Gratitude .....		\$200.00
Women in Solution .....		\$0.00
Women in Touch .....		\$0.00
Wonder Women-disbanded .....		\$25.00
*Anonymous Groups .....		\$0.00

## OTHER GROUPS/COMMITTEES

Apache Lake Campout .....		\$0.00
AZ AA Women's Conf .....		\$0.00
District 08 .....		\$0.00
Dist 08-813 .....		\$125.00
Dist 08-819 .....		\$0.00
Meal and a Message .....		\$0.00
<b>Group Totals .....</b>	<b>\$5,194.97</b>	<b>\$51,939.72</b>
<b>EVI Committees .....</b>	<b>\$43.00</b>	<b>\$250.00</b>
<b>Individual Contributions .....</b>	<b>\$95.00</b>	<b>\$7,941.09</b>
<b>GRAND TOTALS .....</b>	<b>\$5,332.97</b>	<b>\$60,130.81</b>

\*Group contribution with no group name listed)





### BALANCE SHEET September 30, 2021

#### Assets

##### Current Assets

Checking	9,625.96
Prudent Reserve (Savings)	37,853.43
Accounts Receivable	1,022.16
Inventory Asset	24,426.99
Undeposited Funds	1,004.06

##### Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

**Total Assets** **\$78,997.94**

#### Liabilities & Equity

##### Liabilities

Accounts Payable	0.00
Visa Credit Card	559.28
Payroll taxes	0.00

**Total Liabilities** **\$559.28**

##### Equity

Opening Balance Equity	43,778.94
Retained Earnings	27,480.81
Net Income	7,178.91

**Total Equity** **\$78,438.66**

**Total Liability & Equity** **\$78,997.94**

### PROFIT & LOSS STATEMENT September 2021

26 Group contributions totaling	\$5,194.97
5 Individual contributions totaling	\$95.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$43.00
<b>Total Contributions</b>	<b>\$5,332.97</b>
<b>Total Income</b>	<b>\$10,963.35</b>
<b>Less total Cost Of Sales</b>	<b>\$5,253.82</b>
<b>Gross Profit</b>	<b>\$5,709.53</b>
<b>Less total Expenses of</b>	<b>\$6,941.21</b>
<b><u>Net Sept. Loss</u></b>	<b>(\$1,231.68)</b>
<b><u>YTD 2021 Gain</u></b>	<b>\$7,178.91</b>

The current Prudent Reserve balance is \$37,853.43  
The Prudent Reserve has been  
established for 2021 in the amount of \$28,862.38

Please call me with any questions or comments  
regarding the financial statements.

Grateful to be of service,  
Ron S. EVI Treasurer  
fullflight@cox.net

## Traditions Checklist

**Tradition Eleven: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.**

1. Do I sometimes promote AA so fanatically that I make it seem *unattractive*?
2. Am I always careful to keep the confidences reposed in me as an AA member?
3. Am I careful about throwing AA names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering, alcoholic?
5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

# NO BOOZE NEWS

## East Valley Intergroup Business Meeting Minutes (unapproved)

October 15, 2021

Meeting Opened at 7:00 PM and via Zoom. Opened with the Serenity Prayer.

\*V = Virtual Attendance

### Attendees:

Buddy M – Gratitude Group	Joseph M – Sunday Night BB Step	Phil H. – Ahwatukee Saturday Mens	Susan G. – WIG
Cannon G – San Tan Men’s Group	Study	Ramon W. – Mesa Alano breakfast	Susan – Tempe Group
Charlie R – East Valley Men’s Stag	Jose A. – Upon Awakening	club V	Thom S – Arbor Noon Group
Cole L. – Easy Does It V	Kate H. – Rising Spirit	Rebecca P – Ahwatukee Group V	Tom C. – PAD
Cris H. – Bloopers	Ken C. – Sunset Group	Richard H – Step By Step	Tom S– Gratitude Group
Glen S. – Primary Purpose V	Maureen – New Spirit V	Robin F – Livin’ Free V	Tony K. – Big Bookworms
Hayden – Sunday Afternoon Step	Marcy M – Road to Recovery	Rose – Sunbird Happy Hour	
study V	Mike K – Busted Ego	Sandeep – Welcome Home Group V	
Jose A – Upon Awakening	Peggy R – Opportunity Knocks	Scott C – Tumbleweeds V	

**Welcome to the New Reps:** Maureen V. – New Spirit Group, Kate H. – Rising Spirit, Hayden – Sunday Afternoon Step Study, Marcy M – Road to Recovery, Brittany – The Tribe

### Committee and other Trusted Servants:

Tom welcomes everyone. The 12 Traditions read. Introduction of new reps, both in person and virtual.

**Secretary’s Report:** Noted that attendance was not correct on last month’s minutes. Motion to accept as amended and seconded. Motion passed.

**Treasurer’s Report:** Ron S.- reviewed report from the packet. Prudent reserve on hand = \$37,843.43, prudent reserve goal = \$28,862.38. The proposed budget is in the packet. Ken C. – Sunset Group motioned to approve treasurer’s report. Motion to accept report as presented by Ken C. – Sunset Group. Seconded by Mike – Busted Ego. Report is accepted as presented.

**7<sup>th</sup> Tradition:** \$25 in person. You can make a 7<sup>th</sup> tradition contribution on the EVI website. [www.aamesaaz.org](http://www.aamesaaz.org)

**Chairperson’s Report:** Tom N. – no written report. Thank you to Barb for filling in for me at the Steering Committee Meeting. Elections coming up next month for many positions. Find out more at Unity Day.

**Vice Chairperson Report:** Barb M. – not present

Attended all three sub district meetings virtually.

Maricopa County Service Meeting is doing mock elections. Elections to be held in Nov.

**Office Manager Report:** Kim W. – not present

The East Valley post offices are shutting down bulk mail, will need to drive to Phoenix to mail newsletters. The colored paper cost has nearly doubled. We will be moving to black and white.

We got a 12 step request from a guy in London who is sponsoring a local person on Zoom. (How cool!)

SRI is now connected to our web directly.

We received our Box 459 hard copies.

We took 9 of the regular volunteers to lunch. Great time.

Attended 20 hours of the office manager’s seminar on zoom. Lots of good information.

New register set up and in use.

### STANDING COMMITTEE REPORTS

**PI/CPC:** (Public Information and Cooperation with the Professional Community) Tom C.

Tom reviewed the minutes from the PICPC meeting (in the packet).

Committee Meetings are first Monday of the month. It’s on Zoom and at the EVI office.

If anyone is interested in doing service work on the PICPC Committee, please contact Tom C. [PICPC@aamesaaz.org](mailto:PICPC@aamesaaz.org)

**Special Events:** Mindy S.

Unity Day!!!!!! Next Saturday. Print flyers from the packet, bring your sponsees,

Special Events Committee needs volunteers

Asking for donations of raffle baskets for the New Year’s Eve party

Thanksgiving Alcahthon has only one open spot – see Mindy or Jay

**Phone committee:** Lisa

Phone workshop had one attendee tonight  
Emails are sent out regularly to ask for folks to volunteer for phone slots.

**Unity Committee:** Dave K. (virtual)

Our purpose is to go out to meetings who do not have an EVI rep and invite them to EVI  
**Need volunteers** for the committee. You do not need to be an EVI rep. Phone number is in the packet and on the flyer.  
Last month a little slow, visited one meeting.  
We meet at 6pm right before the EVI Business meeting.

**Sponsorship Workshop:** Ken C. for Jerry C.

Next one: Nov. 6<sup>th</sup> at 10 am at the EVI office. Workshop will be hybrid.  
Please use the link in the email to reach the online signup sheet. Or [To Sign-up Click Here!](#)

**No Booze News (NBN) Newsletter Editor:** Rick – Not present.

Rick still moving on, Anyone interested in position?

**Literature:** Mike K.

Mike read the minutes from last month. Lol.  
Went through recently donated stuff, some recovery related, not AA approved and some AA approved, some AA recordings on vinyl records, some local Arizona speaker cassette tapes, some photos, some large video spools.

**LIASION REPORTS**

**Al-anon Liaison:** Vicki B. - not present

**H&I Liaison:** Dave T. – not present

**Spanish Liaison:** Marge M. – not present

**Zonypaa Liaison:** Megan P. - not present

**Sub District 08-818:** Tearsa C. –Meet every second Tuesday of the month via hybrid and at Bloopers. Nov. assembly for elections coming up. Subdistrict holding elections as well. If you are interested in serving, just show up.

**Sub District 08-819:** Lois L. – Meet on second Thursday of every month on Zoom.

**Sub District 08-820:** Bill B./Debbie C. – First Monday of every month on Zoom. Elections coming up. Have a preliminary budget.

**OLD BUSINESS:**

\$1000 allocated for projector and screen to be used for EVI committee presentations and business.

**Seconded motion from SC:** Spend up to \$7,000 to purchase airtime on the Internet, Radio and TV for AA produced Public Service Announcements (PSA's) throughout the holiday season Nov. 2021-Jan 2022. Initial proposed pricing up to \$5000 for TV and internet, and up to \$2000 for radio.

Discussion:

Purpose of PSA's is to carry the message.

This has been done in the past.

Some details were discussed last month, in the packet (like should run Nov. through Jan.)

\*Motion passed. 23 in favor, 1 opposed and 3 abstentions.

**NEW BUSINESS:**

2022 proposed budget (available in the packet). Ron reviewed some highlights. Please take to your groups to review. It will be voted on next month.

Notes: Utilities are included in the rent, but it is kept in the budget for historical purposes. We currently have \$7,000 over, will this budget prevent us from being over next year? This year was unprecedented and would have been difficult to account for in last year's budget.

Question about insurance; We budgeted \$5,000 but only \$645.25 was used for employee medical expenses. That is because Kim has \$5,000 available but only used \$645.25.

**ANNOUNCEMENTS:**

New pages on the EVI website, check it out!

EVI monthly speaker meeting is on the first Friday of each month here at Church of the Epiphany.

Motion to close meeting. Passed.

I am responsible. When anyone anywhere reaches out for help, I want the hand of AA always to be there and for that I am responsible.

Thank you for allowing me to be of service,

*Maria Stanley*

## 25-lb. turkey, 500-lb. phone

NOVEMBER 2014 GRAPEVINE

### How a newcomer gets through his first stressful sober Thanksgiving

Holidays, for me, were always fueled by alcohol. I used to like to say that if you shook my family tree, bottles would fall everywhere. However, it turns out that I was the alcoholic.

I started drinking when I was 15 and quickly fell into the abyss of alcoholism. When I was 18, I came up with three “rules” so I wouldn’t be labeled as someone with a drinking problem: 1) never drink alone; 2) never drive drunk; and 3) never go to a bar by myself. Looking back, it seems strange that an 18-year-old would have created “rules” to drink by, especially since that someone (me) had no other life plans.

Holidays were joyous occasions in my family, and relatives would come over to my parents’ house. As I began to drink more, I became what I now call an “eve drinker.” On the eve of every holiday—Christmas, Thanksgiving, you name it—I would always be in a bar or drinking with my family or with friends at home. It didn’t matter where I was, as long as there was alcohol. On Christmas Eve my family always went to a friend’s house for libations and food. I’d hang out in the kitchen all night with the caterers and drink vast quantities of beer, telling them what a fine job they were doing. Then I’d go home and pass out. Christmas was especially great because I would usually get a case or two of beer as a gift. My family and friends knew what I appreciated. In retrospect, I used alcohol as a way to numb myself through the holidays.

By the time I was in my early 20s, I’d already been fired from two good jobs, and both times alcohol was involved. I wouldn’t actually show up on the job drunk, but I had the “ism” of not feeling appreciated, and I would talk badly about other people. I was always thinking that I “deserved better than this.” I never did anything to earn praise or promotions. So when I went to my parents’ house for the holidays I would be filled with shame and guilt about how my life was turning out. Of course, my response was to turn to alcohol. I always ramped up my drinking during the holidays.

Then one day, after the July 4th holidays of 1993 were over, I finally decided I had had enough. On July 13, I put down the booze and walked into the Green House Group of AA in Winter Park, Fla. After about three months, I finally got a home group and a sponsor. But I still didn’t know what to do with myself. Getting sober was tough enough, what with the withdrawals, the mood swings and the night terrors and all, but now I was about to face the horror of sober holidays. I had no concept of “one day at a time” yet. Imagine, I thought to myself, going through Thanksgiving and Christmas—much less New Year’s Eve—without alcohol!

I wasn’t calling my sponsor much because my phone (which I so freely used drunk) felt like it weighed 500 pounds when I would go to check in. But I made sure to go to a meeting on Thanksgiving eve, figuring that since this was a huge drinking night for me, I should be with fellow alcoholics. So far, so good. I was really nervous, but I never told anyone about my fear of the holidays.

The next day, Thanksgiving morning, I went to take a shower. My partner and I were getting ready to go over to relatives for the big meal. Suddenly I was overwhelmed with the urge to drink. I decided I would indeed drink. I was strangely calm about my decision and was grateful that I would finally put this monster to rest. But as I stepped out of the shower, it suddenly hit me that I should call my sponsor and tell him about my great idea. To this day I have no idea why I had that thought. Was it divine intervention? I still do not know.

So with a towel wrapped around my waist and dripping water everywhere, I finally picked up that 500-pound phone and dialed my sponsor’s number. I told him I was going to drink. He said that he could not stop me from drinking, but before I did why didn’t my partner and I come to his house and have some Thanksgiving dinner? I agreed, thinking I would go, stay a little while, and then go get drunk. So I called my family, canceled my participation in their meal, and trundled off to my sponsor’s home. I wish I could say I was happy, but I was not. The urge to drink was very strong, and to admit defeat was not in my language that day. But I kept driving until I got to his house.

When we walked in, there stood several members of my home group, with my sponsor and his wife, who is also in the program. We all looked at each other and smiled. They greeted me with genuine hospitality and warmth. Everyone in that house was sober. And I was sober. It turned out to be a really special day.

What I learned that day is that in order to stay sober I have to take action. Driving, phone calls, whatever it takes to not take a drink. I also learned that I have to continue to ask for help; it’s not a one-time deal. I don’t necessary know how to run my life, and I need to keep asking for help.

On that Thanksgiving Day in 1993 I saw that together with other members of Alcoholics Anonymous, we can stay sober rather than fight a losing battle by ourselves. That has been the greatest gift I’ve received in AA, and one that I’m thankful for 365 days a year, not just on Thanksgiving Day.

**BY: JOHN W. | WAYNE, PENNSYLVANIA**